

## STAFF PROFILES

### CLAIR MILES OWEN – RACKETBALL DEVELOPMENT OFFICER

Always been involved in range of sports, with a particular interest in racket sports; started playing Squash when I was about 12 at my local leisure centre in Mid Wales and started entering tournaments. Got selected for the then U13 & U16 Welsh Squads and continued playing in the Shropshire Ladies League and at County level. Squash was big news in Mid Wales during the 80's!

Continued to coach and play a wide range of sports through my teens, and studied at UWIC Institute of Sport in the mid 90's, playing for Welsh Universities and for the successful BUSA Ladies Team. Continued PGCE studies at UWCN, graduated in 1998 - moved from Teaching to Youth & Careers after 2000 and after having children got back into racket sports in 2008.



I have a new passion for Squash & Racket Ball now that both of my children are playing, I have recently completed my Level 1 Coaching and run a new Junior Club based in Newtown, Mid Wales. I am also involved in schools based programs, community events and really enjoy running ladies coaching and programs.

I was appointed as Racketball Development Officer for Mid & North Wales in December and have been busy ever since! My aim is to put Mid Wales back on the map and develop a network of clubs and programs at grass roots level at Leisure Centres. Racketball is proving to be a big hit with younger children and adults; I feel it's a real alternative to Squash, a great family game and is a good vehicle to increase court usage across wales.